

BOSCHENDAL

FARM SPA

FACIAL RITUALS

Hydra-boost Face Ritual 60 min This "high in anti-oxidant" treatment helps minimize the appearance of fine lines and wrinkles while feeding the skin with deep hydration and nourishment.	R750
Glow and Radiance Face Ritual 60 min This treatment is designed to renew even the most lifeless skin, incorporating the essential oils of Jasmine and Baobab.	R650
Balancing Face Ritual 60 min An unmatched and effective skin treatment developed to restore, purify and revitalize the skin with the use of Neroli and Rose essential oils.	R650
Facial For Men 60 min A deep cleansing, balancing and purifying skin treatment for congested skin.	R650
Purifying Teen Facial Treatment (-12y) 60 min R350 (12y-18 A decongesting and healing facial for the problematic teen skin.	8y) R450
Face Ritual with Hot Stone Facial Massage 90 min A restorative and revitalising facial, incorporating hot stones.	R900

NAIL CARE

Classic Manicure 30 min R300, 60 min R450 For the guest on the go. A manicure to reshape the nails, neaten up the cuticles and massage moisture into the hands. Finished with a fresh coat of Nail Lacquer.

Classic Pedicure 30 min R300, 60 min R450 Refresh and beautify the feet in a jiffy. Feet are soaked, skin is gently exfoliated, cuticles are perfected, and nails are clipped, reshaped, buffed and polished. Finished with a fresh coat of Nail Lacquer.

Organic Handprint Ceremony90 minR700Intensive therapy for dry, parched hands. Hands are soaked,
skin is gently exfoliated, cuticles are perfected, and nails are
clipped, reshaped, buffed and polished. Have your hands
re-moisturised by a hydrating hand mask and massage.R700Finished with a fresh coat of Nail Lacquer.Finished with a fresh coat of Nail Lacquer.Polished

R700

R300

Organic Footprint Ceremony 90 min Your solution to dry heels and over taxed feet. Nails and cuticles are perfected, feet are exfoliated and hard skin is gently removed. Finished with a fresh coat of Nail lacquer.

Sole Survival 30 min Signature foot ritual soothing away lived, active feet. With the use of Kalahari Melon and Calabash.

HEALING EARTH SPECIALIZED MASSAGE RITUALS

Pure Being Massage 90 min A full body massage, including a facial cleanse and s	calp massage.	R900
Earth Soul Massage 90 min A customised body massage, designed to induce rel balance to mind, body and soul by the use of the cal		R900
Pure Bliss Back Massage A back, neck, shoulder and scalp massage to release invigorate and rejuvenate a tired upper body.	30 min R400, 45 min e tension,	R500
Scalp Massage 30 min		R400
Meridian Foot Reflexology 45 min		R500
Little Indulgence Massage 45 min A relaxing back, neck and back of legs massage.		R500
Deep Tissue Massage 60 min This vigorous massage combines a variety of compre stretch and cross fibre friction techniques.	ession,	R650

Swedish Massage A blend of Swedish massage techniques to invigorate muscles, energize, increase blood circulation and relea	
Melt-away Stone Massage 60 min	R700
Back, Neck and Shoulder Stone Massage 45 The perfect balance of hands and stones, bringing ba	
Upgrade your 60 min massage with an extra	a 30 min R250
Upgrade your massage with a body exfoliation	on R150

HEALING EARTH SPECIALIZED BODY RITUAL

Refresh Exfoliation 45 min	R350
Body Polish 45 min	R500
Body Polish & Envelopment with a mini Facial 90 min	R900
Body Polish, Envelopment & Pure Bliss massage 120 min	R1050

Bentonite (clay based) Back Treatment & Pure Bliss Back Massage 60 min

Choose between the detoxifying, firming, hydrating or repairing body treatments with Healing Earth Soul Earth Range.

Kalahari Melon hydrating Treatment.

For intensive hydration and skin softening effects while being pampered from head to toe.

African Potato Repairing Treatment

The African potato is repairing and healing. A treatment for all sensitive skin conditions (such as eczema, psoriasis, dermatitis & sun-burned skin etc.) while it also firms the skin and contours the body.

African Ginger Firming treatment.

This is a stimulating treatment that will increase circulation which has body slimming and skin firming effects.

Mongongo-Nut Detoxing Treatment.

This is a de-toxing treatment with Mongongo Nut Oil which helps to reduce non medical fluid retention by draining and eliminating toxins in the body.

Coffee, Cinnamon & Orange Cellu-Low Treatment.

This treatment concentrates on cellulite reduction while feeling invigorated. Great results are achieved when this treatment is used in combination with a weight loss program and fitness program. R650

HEALING EARTH RETREAT PAMPER PACKAGE

Top 2 Toe Healing Earth Journey 120 min R Full body express treatment for the "on the go" individual. Relax and enjoy a "Pure Bliss" back massage for the relieve of stress and tension, followed by a classic pedicure and finally, a customised facial, using only the best natural organic ingredients, leaving your skin both nourished and refreshed.

Top 2 Toe Complete with a Manicure Classic 180 min R1 Full body express treatment for the "on the go" individual. Relax and enjoy a "Pure Bliss" back massage for the relieve of stress and tension, followed by a classic manicure and pedicure and finally, a customised facial, using only the best natural organic ingredients, leaving your skin both nourished and refreshed.

WAXING

Full leg 45 min	R350
Three quarter leg 30 min	R250
Half leg 20 min	R200
Back wax 40 min	R300
Chest Wax 30 min	R250
Underarm wax 15 min	R150
Half arm wax 20 min	R200
Full arm wax 30 min	R250
Hollywood 45 min	R350

R1050

R1350

Brazilian 40 min	R300
Bikini 20 min	R200
Lip 10 min	R100
Chin 15 min	R150
Brow 15 min	R150
Sides of face 15 min	R150
Toes & tops of feet 10 min	R100

TINTING

Lashes and brows 30 min	R250
Lashes 20 min	R200
Brows 10 min	R100

Cancellation Policy

A 50% cancellation charge will be incurred for any treatment cancelled at least 12 hours prior to appointment. Cancellation within 6 hours will incur a 100% charge.

Arrival time

Please be advised that late arrivals will result in a reduction of treatment time.

Loyalty

You save 5% of the amount spend on treatments and 10% of the amount spend on products.

Receive 50% discount on your treatment in the month of your birthday.

Charitable foundations

Proceeds from your treatments go to local environmental charities. In the Cape Town region, we support The Cape Leopard Trust and SANCCOB.