

# THE SPA AT SPIER

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## FACIAL TREATMENTS

Revitalise, Rejuvenate, Purify, Balance

PURE AND CLEAR SKIN day after day <i>Detox for the skin... Included is a soothing Facial Massage and Scalp Massage and Hand massage.</i>	45 min	R 420.00
DEEP SKIN RENEWAL <i>Extreme results: Even skin tone, refined skin texture and a healthy glow... Included is a manual micro dermabrasion, Facial Massage, Scalp Massage and Hand Massage</i>	60 min	R 550.00
AFRICOLOGY EXPRESS <i>For those moments when time is challenged but facial renewal and stability is needed. Our 45 min express facial is Invigorating &amp; Harmonising.</i>	45 min	R 420.00
BESPOKE FACIAL <i>Gentle in our approach, we know that hydration and effective supplementation are vital in preserving the skin's youthfulness. Never neglecting the sensitive skin under the eyes, dark circles and the importance of working on lifting and plumping up the skin. Preserving the skin and preventing pre-mature aging is our goal during your facial.</i>	60 min	R 600.00
SPIER AFRICAN FACIAL <i>Our treatment starts with a back and neck exfoliation followed by a muscular releasing massage, melting away tension. We know that a stressed muscular system can place much gravity on the facial muscles; often resulting in sagging skin. This treatment is a wonderful ritual that involves cleansing, massage and sound therapy, making it a sacred and sensory way to celebrate the Goddess within.</i>	90 min	R 850.00
FACIAL PEEL <i>Safe and effective, instant results for a stunning, flawless skin for any occasion. Please book in advance.</i>	30 min	R 650.00
<b><u>ADDITIONS:</u></b>		
Manual micro-dermabrasion		R 100.00
Crystal collagen eye treatment		R 120.00
Back, neck and shoulder massage	20 min	R 220.00
Reflexology	20 min	R 220.00
Toe nail paint		R 80.00
Hand nail paint		R 80.00

## EYEBROW/EYELASH TREATMENTS

EYELASH TINT/EYEBROW TINT		R 80.00
EYEBROW SHAPE/WAX		R 80.00

## THERAPEUTIC MESSAGES

Choose your Shea sensory selection of various essential oils such as, neroli, chamomile, lemongrass or Pineapple and Coconut.

<b><u>HERBAL OIL SWEDISH MASSAGE</u></b>		
BACK, NECK AND SHOULDERS	30 min	R 390.00
	60 min	R 480.00
FULL BODY	60 min	R 510.00
	90 min	R 790.00
<b><u>PRE AND POST NATAL MASSAGE</u></b>		
BACK, NECK AND SHOULDERS	60 min	R 480.00
FULL BODY	60 min	R 510.00

ADDITIONS:

Hot stones		R 80.00
Deep tissue		R 80.00
Sports	15 min	R 120.00
Back exfoliation	20 min	R 220.00
Reflexology	20 min	R 220.00

**SPIER SPA SIGNATURE TREATMENT**

MANDARIN & SANDLEWOOD BODY EXPERIENCE	2 hour	R 720.00
<i>Self-heating Full back exfoliation ~ Detox/Anti-Stress Wrap ~ Pressure Point Scalp Massage ~ Heavenly Foot Massage ~ Muscular Relief Back, Neck and Shoulders Massage ~ Dry Body Oil Spritz</i>		

**BODY TREATMENTS**

REFLEXOLOGY	45 min	R 350.00
STRESS RELIEF SCALP AND NECK MASSAGE	30 min	R 320.00
SELF HEATING FULL BODY EXFOLIATION	45 min	R 420.00
SLIMMING TREATMENT	30 min	R 320.00

**HANDS AND FEET TREATMENTS**

Choose your Shea sensory selection of various essential oils such as,  
Fig & Pomegranate or Grapefruit & Thyme

MANICURE	60 min	R 290.00
PEDICURE	60 min	R 340.00

ADDITIONS:

Toe Wax		R 80.00
French Paint		R 50.00
DermaHeel Peel		R 80.00
Extra Time Foot Massage	15 min	R 50.00
Hot Stones		R 50.00
Gel Pro Polish	30 min	R 160.00
Gel Pro Polish Removal	30 min	R 80.00

**WAXING TREATMENTS**

HALF LEG WAX/ ARM WAX	30 min	R 160.00
FULL LEG WAX	1 hour	R 220.00
UNDERARM WAX/FACE	20 min	R 120.00
LIP/CHIN/BROW WAX	15 min	R 70.00
BIKINI WAX	30 min	R 150.00
BRAZILLIAN WAX	40 min	R 220.00
HOLLYWOOD WAX	1 hour	R 280.00
BACK WAX	45 min	R 320.00
CHEST WAX	40 min	R 290.00
STOMACH WAX	30 min	R 220.00

**PACKAGES**

Deluxe Sole Heritage:

1 x Welcome Tea		
1 x Back, Neck and Shoulder Massage		
1 x Hot Stone Pedicure		
1 x Muscle Relaxant Leg and Foot Massage		
1 x Sweet Spoil to end your treatment	2h	R820.00 pp

Gables De-stress:

1 x Welcome Tea		
1 x Self Heating Deep Tissue Exfoliation and Back Pack		
1 x Muscle Relaxant Leg and Foot Massage		
1 x Back, Neck and Shoulder Massage		
1 x Sweet Spoil to end your treatment	2 h	R950.00 pp

Spa Spier Experience:

1 x Welcome Tea		
1 x Africology Express Facial		
1 x Shea Aroma Full Body Massage		
1 x Self Heating Deep Tissue Exfoliation and Back Pack		
1 x Sweet Spoil to end your treatment	2 ½ h	R980.00 pp

Couples Delight:

1 x Welcome Tea		
2 x Hot Stone Full Body Massage		
2 x Reflexology		
2 x Pressure Point Scalp and Face Massage		
2 x Glasses of bubbles and Chocolates	3 h	R2 200 pc

Spa Policies:

- *5 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to 50% of the treatment fee will be charged*
- *Late arrival will result in a reduction of treatment time*
- *The Spa is not responsible for any theft, damage, loss or misfortune that may occur*
- *The right of admission is reserved*
- *Please switch off your cell phone, or put them on silent for the respect of other clients and therapists*
- *In room treatments can be arranged with 12 hour notice, a surplus of R150 extra will be charged*
- *Now you can relax, enjoy and let the stress and tension melt away.....*